

# Special Message -- Brilliant flashes of insight and now we're ready for change!

## Greetings!

August 10, 2010

Hi everyone,

I am sending another mid-week update because this yet another week that much is happening and so many people are affected by the roller coaster energy and by the actions of others (it feels like the world is out of control).

Have you felt the roller coaster energy lately? You feel great one day and then terrible the next? One moment you are completely aware of the vast potential you can connect to and the next you wonder how you are going to get through the next 5 minutes, much less the rest of your life. This is part of ascension, and we're going through it right now. We don't have to wait until 2012, it is happening at this moment.

There have been some crazy things going on in the past few days. A flight attendant leaves a flight (on the safety chute) after arguing with a passenger, a corporate CEO appears to sabotage his \$70 million job and people everywhere are doing strange things.

Has the world gone crazy? In a way, it has. What is wrong with these people and do you think they are way off their spiritual path? They're on their path, they are just experiencing the energy shifts in ways that respond to their need for change. And because they have put off the change for so long, they jump into it head first, unaware of the fallout they are creating for themselves and others. This is yet another aspect of ascension and we can expect more of this kind of behavior from everyone. The ascension process has become a collective experience.

We had a wonderful new moon on Monday, August 9, which normally signals new beginnings and fresh perspectives. But this one was stressed by last week's planetary aspects and along with some bright new beginnings we will experience blinding flashes of insight that could lead to explosive endings (before the new beginnings can begin).

So for the next two weeks, expect to have insights or flashes of understanding that could explain issues you have wondered about for a long time. It may feel like all of the reasons for your life experiences suddenly become clear. But with that information may come the need to do something-you're feeling free of the past and you want to rush forward into your new and wonderful future. Slow down, a little, or you may get ahead of yourself (literally).

What are these flashes of understanding about and what is this need to suddenly be free of everything?

As we move between dimensions we feel the vast differences in the energies. Moving from the restrictive, heavy energy of 3D into the higher, brighter energies of other dimensions gives us new perspectives on ourselves and our life. It also gives us insight into where we are going with this ascension process and it feels great, so great that we want to stay there. But we're not finished here and, our job is to bring those energies to earth-we don't get to leave. So the glimpses into higher dimensions are intended to give us enough of a perspective to raise our own vibrations here, not make us sad and long to go somewhere else.

If you get brilliant flashes of insight and have the burning desire to change every aspect of your life - proceed with caution. Make decisions carefully and then take considered action-in your desire to be

free of something you could decide to make a change that may not, in the long run, give you what you want.

Accept all gifts of understanding with gratitude and use them to apply forgiveness, release and healing to every situation.

Ask for guidance and confirmation and then wait for it to come to you.

Above all, be grateful for this opportunity to be part of humanity's amazing shift in consciousness.

Many blessings in these miraculous and amazing times,

Jennifer Hoffman

PS: and yes, the [Miracle Mastery](#) program students are creating some amazing changes in their lives! I will update you on the [Wednesday radio show](#).